

# **FITNESS TRAIL & TRIM TRAIL** **MAINTENANCE GUIDE**

Maintenance checks are vitally important for the safety of persons using the equipment. Various components must be checked to a weekly routine.

## **Timber components**

Check for any rot or damage to the protective treatment envelope regularly. Treat any damage immediately, using a recommended preservative only. Check for any damage or vandalism to smaller hand dowels and report this as soon as possible. Check all fixings and fitting points for signs of wear in pre-drilled holes. Stained components must be re-stained every 3 years.

## **Steel Components**

Check all components for signs of rust or wear to any plated, painted or powder coated surfaces. Powder coated components can be maintained by touching up any damage to the surface immediately with the correct colour paint. Painted surfaces should be prepared, primed and repainted using a recommended paint as necessary.

## **Bolts and screws**

All bolts and screws should be tightened when necessary. Loose fixings are a hazardous safety risk, particularly those in timber components and those with moving parts. Check that no bolts or screws are missing. A hole means something is missing. Check bolts and screws weekly.

## **Foundations**

Check all anchoring points for stability and anchor posts for signs of damage close to the ground.

## **Moving parts**

Lubricate all moving parts regularly and make sure there is no risk of entrapment between moving parts and fixed parts. All worn parts should be replaced immediately.

## **Suspension Bridges**

Suspension Bridge chains and cables should be checked on a weekly basis for wear and damage. These may need re-tensioning occasionally. Check all fittings and tensioning points are free from wear.

## **Ropes and chains**

Check for any wear or deterioration of ropes and chains especially at fitting points. Replace as necessary. Check for any fraying points on ropes and nets and replace immediately if fraying is found.

## **Surfacing**

Make sure that there are no hard or hidden sharp objects such as broken glass or contaminants that could be considered dangerous left in either loose-fill or synthetic surfacing. Loose-fill surfacing should be regularly maintained by raking level, topping up and checking for and removing sticks and stones when necessary. Check synthetic surfacing for signs of damage, vandalism and cracks. During hot, dry spells, Playtiles should be doused with water occasionally to prevent drying out completely.



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