

Standard Single Long Jump Runway Specification

- Excavate for runway size 30m long x 1.22m wide x 150mm deep with sufficient clearance for form work and dispose of the spoil off site unless agreed otherwise.
- Consolidate the base of the excavation.
- Supply and lay 50mm depth of levelled and rolled sharp sand to the base of the excavation.
- Fix temporary side forms around the perimeter of the intended slab, the internal dimensions as above.
- Supply and lay approved DPM or 1000g polythene over the sand bed, overlapping and taping any joints.
- Position galvanised foundation trough for long jump (*Note: Additional troughs may be required for triple jump at extra cost where specified*)
- Supply and fit steel reinforcing mesh
- Supply and lay concrete to form a slab 100mm thick, tamp and screed off level from the formwork.
- When slab has cured sufficiently, remove formwork and backfill neatly back to slab, firming in well and lightly rake in grass seed.

Supply and fit synthetic rubber athletics surfacing to the concrete base (*and to removable blanking boards if triple jump troughs specified*)
- Supply and fit removable Take-off board.
- Hand over no jump indicator and plasticine strips to client.



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