

Fitness Trail Product Illustrations



FT903 - Arm Stretch

2 Uprights with angled crossbar rebated to jump, stretch and touch highest place possible.

 **Dimensions:** Height: 1.75m - 2.85m, Length: 4.0m, Width: 0.2m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Arm Stretch layout drawing](#) (PDF)



FT906 - Chin Ups

A very popular station, sometimes referred to as a Heaves Unit, with 3 different heights of chinning bars, ideal for upper body exercise.

 **Dimensions:** Height: 1.7m - 2.3m, Length: 2.74m, Width: 0.12m


 **Available in:** Round Log or Radiata Pine

 **More info:** [Chin Ups layout drawing](#) (PDF)



FT907 - Stride Jumps

A course of five tapered timber stride boards for jump exercises, 0.4m to 0.8m height.

 **Dimensions:** Height: 0.4m – 0.8m, Length: 10m, Width: 1.9m


 **Available in:** Round Log or Radiata Pine

 **More info:** [Stride Jumps layout drawing](#) (PDF)



FT909 - 2.6m Horizontal Ladder

Two end supports for access to overhead ladder, with stainless steel hand rungs.

 **Dimensions:** Height: 2.6m, Length: 3.72m, Width: 0.72m

 **Available in:** Round Log or Radiata Pine

 **More info:** [2.6m Horizontal Ladder layout drawing](#) (PDF)

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FT911 - Over & Under Hurdles

A 5-unit 'over and under' hurdle course with level and tapering hurdles.

 **Dimensions:** Height: 1.2m - 1.6m, Length: 10m, Width: 4.4m


 **Available in:** Round Log or Radiata Pine

 **More info:** [Over & Under Hurdles layout drawing](#) (PDF)



FT912 - Parallel Bars

The unit comprises two parallel steel bars (1.95m long) supported on timber posts designed to test upper body strength.

 **Dimensions:** Height: 1.2m, Length: 1.95m, Width: 0.72m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Parallel Bars layout drawing](#) (PDF)




FT913 - Gate Climb

Six horizontal logs forming a 1.8m high gate configuration that is suitable for climbing exercises.

 **Dimensions:** Height: 1.8m, Length: 2.7m, Width: 0.3m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Gate Climb layout drawing](#) (PDF)



FT914 - Log Stack

7 Horizontal Logs fixed on support timbers

 **Dimensions:** Height: 1.2m, Length: 1.8m, Width: 1.5m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Log Stack layout drawing](#) (PDF)

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FT919 - Run & Leap

Four ascending horizontal beams (approx 0.4m, 0.6m, 0.8m and 1m heights) on support timbers.

 **Dimensions:** Overall Height: 1m, Length: 1.8m, Width: 1.7m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Run & Leap layout drawing](#) (PDF)



FT926 - Overhead Rings

Eight overhead rings with approximately 0.30m hang, supported by a 3.5m long timber logs.

 **Dimensions:** Height: 3m, Length: 3.5m, Width: 0.4m


 **Available in:** Round Log or Radiata Pine

 **More info:** [Overhead Rings layout drawing](#) (PDF)



FT936 - 3m High Traverse Wall

A straight 3m high, 3.6m long smooth faced climbing wall with parallel run of hand and foot blocks. Block spacings are set to suit adult users.

 **Dimensions:** Height: 3m, Length: 3.5m, Width: 0.4m

 **Available in:** Round Log or Radiata Pine

 **More info:** [3m High Traverse Wall layout drawing](#) (PDF)

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