

Physical Training Trail Product Illustrations



FT902 - Rope Climb

2 polypropylene climbing ropes to exercise the arms and shoulders
(Alternative manilla ropes also available upon request at no extra cost).

 **Dimensions:** Height: 3.6m, Length: 3.0m, Width: 0.4m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Rope Climb layout drawing](#) (PDF)



FT908 - Beam Lift

Four different diameter / weight lifting beams suspended on secure chains for upper body lifting repetitions.

 **Dimensions:** Height: 1.85m, Length: 4.6m, Width: 3.6m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Beam Lift layout drawing](#) (PDF)



FT917 - Log Stack (Steep)

Seven horizontal logs fixed on support timbers, a steeper angled version of FT914, shown in the Fitness Trail range.

 **Dimensions:** Height: 1.2m, Length: 1.8m, Width: 1.2m


 **Available in:** Round Log or Radiata Pine

 **More info:** [Log Stack \(Steep\) layout drawing](#) (PDF)



FT918 - Net Climb

A fully supported combination (polypropylene with steel core) climbing net.

 **Dimensions:** Height: 2m, Length: 2.8m, Width: 0.4m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Net Climb layout drawing](#) (PDF)

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Physical Training Trail Product Illustrations



FT922 - Net Ladder Climb

A fully supported combination (polypropylene with steel core) net with ladder access.

 **Dimensions:** Height: 1.8m, Length: 3.6m, Width: 1.9m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Net Ladder Climb layout drawing](#) (PDF)



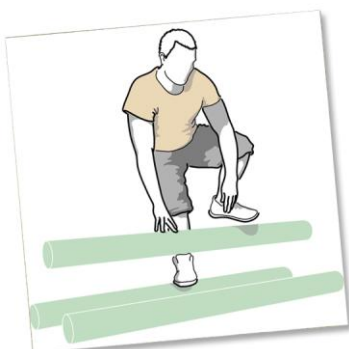
FT938 - Agility Frame (Standard)

Climb up and down the angled log ladders. For a shallower angled version of this product, please see FT939.

 **Dimensions:** Height: 2.1m, Length: 4.1m, Width: 1.9m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Agility Frame \(Standard\) layout drawing](#) (PDF)



FT939 - Agility Frame (Low)

Climb up and down shallow angled log ladders. For a steeper angled version of this product, please see FT938.

 **Dimensions:** Height: 1.5m, Length: 4.6m, Width: 1.9m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Agility Frame \(Low\) layout drawing](#) (PDF)



FT950 - Scramble Net

2m x 3m fixed polypropylene scramble under net. Can be installed over a layer of Compliant Grow-Through Tiles for grass reinforcement.

 **Dimensions:** Height: 0.1m, Length: 3m, Width: 2m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Scramble Net layout drawing](#) (PDF)

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FT951 - Rope Crawl

A fully supported elevated, difficult to mount horizontal rope 'commando' crawl unit.

 **Dimensions:** Height: 1.5m, Length: 4.2m, Width: 1.6m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Rope Crawl layout drawing](#) (PDF)



FT952 - Tube Crawl

Series of three tight 600mm internal diameter tubes arranged in a challenging layout.

 **Dimensions:** Height: 0.75m (Platform), Length: 7.3m, Width: 0.9m


 **Available in:** Round Log or Radiata Pine

 **More info:** [Tube Crawl layout drawing](#) (PDF)



FT953 - 2m Climbing Wall

A straight, smooth faced climbing wall - no hand or footholds. Height can be reduced by removing horizontal slotted boards.

 **Dimensions:** Height: 2m, Length: 2m, Width: 0.23m


 **Available in:** Round Log or Radiata Pine

 **More info:** [2m Climbing Wall layout drawing](#) (PDF)



FT954 - 3m Climbing Wall

A straight, smooth faced climbing wall with a top fixed polypropylene rope pull but additional hand or footholds.

 **Dimensions:** Height: 3m, Length: 2m, Width: 0.23m

 **Available in:** Round Log or Radiata Pine

 **More info:** [3m Climbing Wall layout drawing](#) (PDF)

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FT955 - Rope Assault

A fully supported combination (polypropylene with steel core) cargo net on one side and a solid timber wall and polypropylene rope pull on the other. Note: Image illustrative only and shows FT922.

 **Dimensions:** Height: 1.8m, Length: 3.6m, Width: 2m

 **Available in:** Round Log or Radiata Pine


 **More info:** [Rope Assault layout drawing](#) (PDF)



FT956 - Tyre Run

A series of ground fixed car tyres for quick running. Can be arranged in a hopscotch pattern and installed over a layer of Compliant Grow-Through Grass Tiles for grass reinforcement.

 **Dimensions:** Height: 0.3m, Length: 3.43m, Width: 1.39m

 **Available in:** Round Log or Radiata- Pine

 **More info:** [Tyre Run layout drawing](#) (PDF)



FT957 - Heaves & Lying Heaves

Three levels of chinning bars, plus 1 low level lying heaves bar. 2 bars at 2.3m, 1 bar at 2m and 1 bar at 1m.

 **Dimensions:** Height: see above, Length: 3.65m, Width: 0.125m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Heaves & Lying Heaves layout drawing](#) (PDF)



FT958 - Clean & Jerk Lift

Four different diameter / weighted beams suspended on stainless steel bars. For weight lifting 'clean and jerk' or 'squat' repetitions.

 **Dimensions:** Height: 1.85m, Length: 4.6m, Width: 3.6m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Clean & Jerk Lift layout drawing](#) (PDF)

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FT962 – Low Wall

New product for 2018! Designed for combat training practice, vaulting and climbing. Either a single unit or installed as a series of Low Walls.

 **Dimensions:** Height: 1.85m, Length: 4.6m, Width: 3.6m

 **Available in:** Round Log or Radiata Pine

 **More info:** [Low Wall layout drawing](#) (PDF)

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